

## Saw Mill River Audubon COVID-19 Field Trip Guidelines Effective October 5, 2020

Saw Mill River Audubon (SMRA) takes the threat of the coronavirus outbreak seriously, and continues to follow all health and safety guidelines issued by Westchester County, New York State and the US Centers for Disease Control and Prevention. The health and safety of our trip leaders and participants is of the utmost importance to all of us.

In light of the COVID-19 pandemic, we require all participants to follow these guidelines when attending any SMRA field trip:

- Wear a face mask that covers your nose and mouth at all times during field trips.
- Practice social distancing by staying six feet from other field trip participants.
- Bring and use 70% alcohol hand-sanitizer.
- Sharing of binoculars, scopes, food or drink will be prohibited. The exception may be the option to view scope images without touching the scope when a digiscoping screen is used.
- Please stay home if you have a fever or any symptoms of respiratory illness, if you have been in close contact with an exposed or symptomatic person (within 6 feet for at least 10 minutes) in the last 14 days, or if you have returned in the last 14 days from a state or country where NYS requires travelers to self-quarantine. This link shows the current list of states for which New York requires a mandatory 14-day quarantine if you have traveled there: <a href="https://coronavirus.health.ny.gov/covid-19-travel-advisory">https://covid-19-travel-advisory</a>

In addition we have modified our trips and procedures as follows:

- Attendance will typically be limited to 10 people, not including the trip leader. (On select trips, if a second leader is available, trips may be expanded above 10 people.)
- All attendees will be responsible for arranging their own transportation. There will be no organized car-pooling for trips until further notice.
- All SMRA field trips will require registration.
- Registration protocol will require all attendees to send a return email confirming that they have read, understood, and agree to all SMRA Field Trip COVID-19 Safety Guidelines.
- No one will be allowed to participate in any SMRA field trip unless they have officially registered, and confirmed via email that they have agreed to these guidelines.

Please keep in mind that you are taking any SMRA trip at your own risk. Especially, if you are in a high risk health group, you must assess for yourself the risks of attending a field trip.

Adherence to these guidelines is essential for all participants. Trip leaders have full authority to require anyone to leave a trip who is not following these guidelines or engaging in any behavior that the leader feels puts others at risk.